



Little Italy Chicken Pitas with Sun-Dried Tomato Vinaigrette

Recipe Source: www.cookinglight.com

Servings: 4

Ingredients:

- 2 TBSP balsamic vinegar
- 1 ½ TBSP sun-dried tomato oil
- 1 TBSP chopped drained oil-packed sun-dried tomatoes
- ¼ tsp freshly ground black pepper
- 1 garlic clove, minced
- 4 cups (about ¾ pound) shredded, cooked chicken breast
- 1 cup chopped tomato (about 1 medium)
- ½ cup (2 oz) grated Asiago cheese
- ¼ cup thinly sliced fresh basil
- 6 (6-inch) pitas, cut in half
- 3 cups mixed baby greens

Steps:

- Combine first 5 ingredients in a large bowl. Stir in chicken, tomato, cheese, and basil. Line each pita half with ¼ cup greens. Divide chicken mixture evenly among pita halves.

Nutritional Facts: Calories: 514, Carbohydrates: 59 grams, Protein: 40 grams, Total Fat: 14 grams, Saturated Fat: 4 grams, Cholesterol: 84 mg, Sodium: 735 mg, Fiber: 8 grams, Total Sugars: 6 grams.